

Science Tells Us with Exactness Just How Our Queer Old Ancestors
storic Times Lived, Dressed, Made Love and Were Happier Than We.

unduly worried about them. Recreate your mind by taking a look at a New Year's celebration

Europe. They had driven out the Palaeolithic or Old Stone Men, who first appeared on earth

Their dwellings have been found by the hundreds in the mud.
ple to-day. They were a simple, happy, contented folk, engaged in agriculture and fishing.
Science even ventures to surmise that they had roast goose and apple sauce for dinner on New

It was now evident that man
humbled upon the garbage heap
kenmoddings," which is some-
refuse. These heaps of garbage
the history of prehistoric man,
as a thousand feet long. These
years ago.
In the east people lived, but
at and more or less complete
sols and periwinkles. They
they must have gone some
mains of wild ducks, geese
used. The dogs got the bones after their masters had done their best
with them, as is shown by the marks of their teeth on the remains. Even
fireplaces have been found in these heaps, made of a base of pebbles,
and surrounded by cinders and ashes. Here were awls and chisels made
of horns, and sling-stones, spear-heads, axes and arrow-heads made of
flint, and while some of these are not so well made as the best of those
produced in the later stone
age, they still belong to it.
Entrance to a Prehistoric Tomb Near
Neuchatel, the Most Remarkable
of Neolithic Relics.

udge from the bones found
ron, wild bear, muskbeaver,
er-ret and dog. The heaver
er proof of the ancient date
proved by the fact that the
he marks of the flint tools



OF A LOG.



The
Neolithic
Gentleman,
His
Wives,
Customs,
Weapons,
Skull,
Skeleton
and Tomb.

2296

OF THE STONE
MS. BAVARIA.



SKULLS OF THE
NEOLITHIC LAKE
DWELLERS.

den" people have been discovered so far, and our information regarding them is not
nearly so great or interesting as it is regarding the lake dwellers.

The accompanying pictures of life on the lake shores are not fanciful, but are based
upon such solid facts as stone and wood.

It is fortunate that people of the Neolithic age lived over the water, for it is due
to this fact that we know much more about them than we do of any other prehistoric
people. The water of these lakes was a better preservative than even the dry sands of
Egypt. It was only in 1854 that the water in the Swiss lakes sunk much below its
usual level, baring wide tracts of land which had been the bottom of the lakes. The
people living on the shore thought this was a good time to get some land for very little,
so they built walls out into the lakes, filling in with soil taken from the lake bottom.

The workmen, while digging, found all kinds of pottery and implements of bone,
stone and horn. As they dug deeper they found whole rows of wooden posts, only a
foot or so apart. The first of these discoveries was made at Mellen, on the Lake of Zu-
rich, and antiquarians and scientists poured in at the announcement. Everything found
was put aside and examined carefully. In the first heap there were stone axes and chis-
els, whetstones, net sinkers, grain crushers, parts of weapons and cooking utensils, and
all were found near the wooden piles. It required no great wisdom to connect the im-
plements and the wooden posts, and to find here the proofs of an ancient people who
dwelt over the lake waters, much as certain Asiatic and Polynesian Islanders still live.

It was then recalled that the great, but sometimes mistrusted, Herodotus, "the
Father of History," described a tribe who dwelt on Lake Prasias, in Thrace, some 520
years B. C. in some such manner. He says: "Paeonians lived on the lake in dwellings
erected on platforms, supported by piles, and connected with the land by narrow bridges.
These people were polygamists, and had a law that for each additional wife three piles
should be added to the house. Each family had its own house, and could descend into
a boat on the water through a trap door in the floor of the hut. The lake people fed
their horses and other beasts with fish, which were very abundant." This has long
been considered one of Herodotus's "fish stories," but modern science now confirms his
statements. It is evident that the Paeonians and the Polynesian Islanders of our day
have attained merely the culture of the men of the Neolithic period in Europe.

Modern fishermen on the lakes of France, Germany and Switzerland have aided the
scientists in finding these settlements, knowing where their nets and lines have been
caught by the old piles and thus leading the investigators to hundreds of these ancient
habitations.



A TUMULUS, OR BURIAL MOUND, NEAR LAKE GENEVA.

How Science
Is Delving
Into
the Grave
of the
Unnumbered
Ages.

NEOLITHIC MAN'S WIVES AND CHILDREN AWAITING HIS HOME-COMING ON NEW YEAR'S EVE.

The fact that not the slightest trace of metals has been found in
these places is certain proof that the inhabitants lived in the Stone age,
and the character of the stone tools shows that it was in that period in
which stone implements were polished, and made with great art and care.
Sometimes, where the bottom of the lake is stony, the piles would not
sink, and as they had no great pile drivers like ours the men brought
large stones and filled in between the piles to make them solid. One
of the boats used by them has been found at the bottom of a lake
full of stones, which probably sank in, but certainly preserved it for
proof of the kind of dugouts used at that remote period.

In dredging for these ancient treasures traces of the destruction of
whole villages by a sweeping conflagration have been found. The primi-
tive fireplace made such a catastrophe easy, but, luckily for us, by
carbonizing the contents of the huts have made their preservation cer-
tain. Living in villages, as they did, and fishing and hunting in company,
there must have been no advanced social organization among them.
Chiefs ruled and directed building, farming and hunting operations.

They were expert workers in horn, stone, bone, wood, and manu-
factured coarse pottery of clay mixed with small pebbles. They made
arrow heads, axes and saws of flint and fitted these last into wooden
handles to which they were fastened by asphalt. Their chief implements,
however, were wedge-shaped hatchets made of serpentine, diorite and
other tough stones. These were generally fixed into handles of wood
or deer's horn, so that they might be used more conveniently. The
manufacture of these stones, called "pebbles," required much time and
labor. After having chosen a rolled stone of the proper size the work-
man cut a groove across it, sometimes as deep as half an inch, using a
flint saw and sand and water, after which he split the stone into two
pieces. Then these stones were ground down and polished on a slab of
hard sandstone, and the fine cutting edge was given by polishing on
some still harder stone. This grinding was not done as we do it now,
by the turning of a grindstone. The stone to be ground was rubbed up
and down on the slab of harder material—a work of a long time and
great patience.

The antlers of the deer were fitted with stone points and used as
pickaxes. They made wooden vessels for the house much like the wooden
bowls made in our day. Floats for the seines were made of wood, while
shakers were made of stone. The most interesting carved objects found lying
in the mud after the lapse of centuries were bits of twisted, plaited and
woven flax, showing that the women of that age knew how to make
thread out of flax for the nets and how to weave different kinds of cloth
in designs which necessitated the use of a loom. So there were not only
spinning wheels, but looms as well, in these primitive homes of the
lake dwellers.

The art of weaving and of domesticating animals must have been
brought from their ancient home by the new Stone people, for not only
did they have dogs, but a small species of cattle, called "marsh cows,"
also a larger kind, probably developed from the aurochs, sheep, goats and
hogs. They had no cats, however. The specimens of carbonized vegeta-
bles and fruits cast additional light upon the life of these strange people,
proving that they must have cultivated the soil around the lakes. There
are barley and wheat in the ear and in grains, different kinds of millet
and carbonized wheat bread in which the bran and half crushed grains
can be distinctly seen. This unleavened prehistoric bread was very coarse
and compact, and was baked in the form of small round cakes, about an
inch or an inch and a half thick. These were baked either in the ashes
or in the ovens made of clay that have been found in the ruins of the
huts. Carbonized apples have been found in large numbers; they are
cut into halves or quarters and were evidently dried and kept for Win-
ter use, much as our dried apples of the present. Pears, too, were kept
in the same way, and specimens of different kinds of nuts and the seeds
of berries are also found. It is evident that, differing from the far

more savage men of the Palaeolithic age, who ate meat and nothing else,
these civilized people lived on a vegetable diet as well as fish and meat,
and drank plenty of milk procured from the domestic animals.

In no respect are the remains of the Neolithic men so remarkable as
in their tombs. They show great respect for the dead, building elab-
orate sepulchres of such large stones that the scientists of to-day wonder
how they were ever put in position without mechanical aids. Weapons,
vessels, food vessels and trinkets were deposited in these tombs, which
were built of large stones standing upright, with huge stones over the
top. These "dolmens," as they are called, have attracted the atten-
tion of scholars for a long time, adding much to our knowledge of the
old inhabitants of Europe.

More remarkable than these are the tunnels, or mounds, elaborately
constructed chambers, built of stone and covered with earth, in which
whole families were buried, sometimes in a sitting posture, to economize
space, at others curled up in clay receptacles some three feet long. Some
of the stones are inscribed with queer hieroglyphs, which no one has
yet been able to decipher or explain, but that there were inscriptions at
all proves that the men and women of the Neolithic age were possessed
not only of a language, but also of a system of writing, however primi-
tive it may have been. Even the love of ornament was well developed,
for the bodies of many are still decorated with necklaces and bracelets
made of the teeth of wild animals, or of their fangs, shells, jet and amber,
besides many semi-precious stones, which must have been brought
from distant points.

That there was more than one clash between the newcomers and the
older inhabitants is most conclusively shown by the finding of the strong
vertebrae of the Palaeolithic man with the polished arrowhead of the in-
vaders still sticking in the bone. This tells the whole story—the triumph
of intelligence and art over simple strength and muscle. The invaders were
fit, for they were intelligent, artistic, cultured, and the life of shepherd,
fisherman and farmer followed that of the rude cave-dwellers. It was a
simple, happy life of plenty, peace and prosperity, but force and strength
were needed to make it so.

THE NEW AND FASHIONABLE
CHEWING CURE FOR DYSPEPSIA.

THERE is a new cure for dyspepsia abroad in the land which is
offered to the helpless dyspeptic without money and without
price. This "cure" has been discovered by Horace Fletcher,
philosopher of the Queen.

It is a remedy both new, novel and inexpensive, and already there
are many enthusiastic to proclaim its worth.

Fletcher's cure for dyspepsia and many other ills of life is set forth
in his little book, "What Sense? or, Economic Nutrition. How to Be
Healthy, Wealthy and Wise." Fletcher believes that one must masticate
thoroughly. To quote his own words: "While any taste is left in a
mouthful of food, in process of mastication or sucking, it is not yet in
condition to be passed on to the stomach, and that what remains after
taste has ceased is not fit for the stomach." In other words, chew your
food for just so long as you can taste it; then discard the residue, if
any there be remaining in the mouth, as unfit and poisonous to be
taken into the system.

"Disease," Fletcher claims, "is nothing more than dirt in the sys-
tem, and the result of dirt." "For the doing away with this direct
accumulation of waste he explains nature has furnished "Good Doctor
Taste," who may be consulted free of charge, and who "not only cures
our natural craving and appeases appetite with one-third the usual
food, but at the same time teaches an appreciation and enjoyment of food
quite new to even bon vivants."

The golden rule of health, then, is "To chew to live."
Mr. Fletcher has gone so far as to calculate that thirty mouthfuls are
sufficient for a meal, to be disposed of in 2.50 mastications, or at the rate
of about thirty chews a mouthful.

He also dilates on the inexhaustible store of sweetness in the simplest
foods—a bit of hardtack, for instance—on being kept in the mouth, tasting
it as you would a piece of sugar, until it disappears entirely, becomes "a
perfect treasure of delight."

The cost of living would then be reduced, one might almost say, to an
absurdity.

These theories of Mr. Fletcher have awakened the utmost enthusiasm
within literary circles, especially the chewing cult is practised to the
lengthening of the dinner hour and the shortening of the dinner table.

Distinguished authors are now comparing notes day by day over the
lessening of girth and weight and enlargement of chest and brain.
They are congratulating one another upon the health of their diges-
tive organs, immunity from appendicitis and "that tired feeling," and
victory over the butcher and the baker.



THE CHIEF'S CLUB OF THE NEOLITHIC PERIOD.